

Information Capsule

## Healthy Ageing 2020: International Conference

Healthy Ageing 2020, International Conference was held on 8 August 2020 online through as a webinar, considering the COVID-19 pandemic. It was attended by more than 500 delegates. Along with older persons and their caregivers, there was a major presence of professional attendees from all over the world this year.

### Topics and speakers

Promotion of a dementia-friendly community and extension of healthy life expectancy in Japan: **Yohko Maki**, MA, PhD, Chief of the Education and Innovation Center, National Center for Geriatrics and Gerontology, Japan.

Approaches to reduce the incidence of cognitive decline and dementia: **David Jolley**, BSc, MSc, DPM (London and Manchester), MBBS, MRCS, LRCP, FRCPSych, The University of Manchester. Patron of Dementia Pathfinders, and Vice Chair of Christians on Ageing <https://christiansonageing.org.uk/>.

Ageing Joints: **Gopala Krishna Pemmaraju**, MBBS, FRCS Gen., FRCS Tr & Orth, Dip SICOT Ortho, SIOCT, MSc Trauma, Consultant Trauma and orthopaedic Surgeon, Clinical Lead For Fracture neck of femur service, Royal Wolverhampton NHS Trust, New Cross and Cannock chase Hospitals, UK.

Prevention is better than cure- is this true for Type 2 Diabetes?: **Biswa Mishra**, MBBS, MD, FRCP, Consultant Physician and Clinical Lead for Endocrinology & Diabetes at the Oldham Care Organisation, Northern Care Alliance NHS Group in United Kingdom.

Preventing late life depression and suicide: A Public health priority: **P T Sivakumar**, MD, Professor Geriatric Psychiatry Unit, in the Department of Psychiatry, National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore, India.

Knowing the self could prepare us to age in happiness: **Saamdu Chetri**, PhD, Visiting Professor, at Rekhri Centre of Excellence for the Science of Happiness, IIT Kharagpur, West Bengal, India.

### Moderators

**Nilamadhab Kar**, MD, DPM, DNB, MRCPsych, Consultant Psychiatrist and College Tutor, Black Country Healthcare NHS Foundation Trust, Wolverhampton, UK. **Prasanta Mohapatra**, MD, Senior Consultant Psychiatrist, District Headquarter Hospital, Cuttack, India. **Susanta Kumar Padhy**, MD, Additional Professor

& Head, Department of Psychiatry, All India Institute of medical Sciences (AIIMS), Bhubaneswar, and Additional Professor, Department of Psychiatry, PGIMER, Chandigarh, India. **Tushar Kanti Das**, MD, Director (Medical Services), TRL Krosaki Refractories Limited, Belpahar, India. **Aparna Prasanna**, MRCPsych, Consultant Psychiatry in Old Age, Black Country Healthcare NHS Foundation Trust, Wolverhampton, UK

### Panini Samman

The 2020 Panini Samman was given to **Shri Dhaneswar Sahoo**, who is a renowned author, social activist and thinker in Odisha, India. He is an author of around 25 books in Odia and English including Strawson's Concept of Descriptive Metaphysics, Philosophy Society and Culture, Understanding Life and Rationalism, *Bharatare Jatipratha* (Casteism in India), etc. He has been a forerunner in setting up Odisha Rationalist Society and Humanist - Rationalist Organisation, Odisha.

### Management

**Dr Susmit Roy**, MD, DNB, The Institute of Insight, UK, **Dr Suresh Rath**, PhD, DSc, CIFA, Bhubaneswar, **Mrs Sasmita Kar**, MSc, PGDDE, QoLReF, UK, **Dr Brajaballav Kar**, PhD, Kalinga Institute of Industrial Technology, Bhubaneswar; **Dr Namita Rath**, PhD Sri Sri University, Cuttack, India; **Dr Anupama Senapati**, PhD, Kalinga Institute of Industrial Technology, Bhubaneswar, **Mr Shreyan Kar**, MBChB student, Birmingham Medical School, Birmingham University, UK, **Mrs Gaye Johnson**, Black Country Partnership NHS Foundation Trust, UK, **Mr Antaryami Upadhyaya**, MTech, The Institute of Insight, London, UK.

### Support

The Healthy Ageing conference was conducted by the Geriatric Care and Research Organisation (**GeriCaRe**) in partnership with Quality of Life Research and Development Foundation (**QoLReF**) and **The Institute of Insight**, United Kingdom. The conference was free for all to attend. The web platform for the conference was supported by **INTAS**, India. **GenX Studios**, Bhubaneswar provided audio-visual support.

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