

Creative Expressions

Tree

Subha Das



After retirement from a busy medical life, among few hobbies, painting was one of them. Landscape painting was one of my favourites. Living in scenic Scotland, I had enough to paint. But then, traveling to various parts of the world became a regular hobby and addiction.

During the visits, one thing most attracted my eyes were the beauty of different kinds of exotic trees and their looks in different times of the year. Some trees are different in shapes, sizes, covered with flowers or heavy with fruits. Some trees also simply look attractive because of lovely foliage. Some are unique to different countries like tropical, subtropical etc. This inspired me to draw and paint various attractive trees which are only unique to those weathers.

Some retired people and nature lovers join walking groups with an interest in walking in woodlands. They enjoy talking to each other, enjoy the changes in these

trees in different seasons and explore. This helps them to spend time, exercise, fresh air which are very therapeutic for their health and wellbeing. It is also refreshing to clear their heads in time of depression, stress and anxiety. I love to paint trees particularly at the time of autumn, when some trees look vibrant in their colours.

This tree is called "Divi Divi" tree, from the island of Aruba (Caribbean). It was painted in acrylic on canvas.

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